Two-Day Breathe Course Switzerland 2027

DAY 1 – JAN 8TH

8:00 – PART 1: OVERVIEW INTRODUCTION – HOW WE THINK / HOW WE TREAT
Functional airway model, clinical framework, and course overview

8:45 – BREAK

8:55 – PART 2A: TONGUE-TIE ON SPEECH, CHEWING AND SWALLOWING

9:55 – BREAK

10:05 – PART 2B:TONGUE-TIE ON SLEEP, BREATHING, POSTURE, & MAXILOFACCIAL AIRWAY DEVELOPMENT

11:00 – BREAK

11:10 – PART 3: ASSESSMENT FOR TONGUE-TIE
Anterior vs mid-tongue (posterior) restriction, compensation patterns, functional limitations

12:15 – LUNCH BREAK

1:15 – PART 4: TONGUE-SPACE AND FUNCTIONAL DYNAMICS (ASSESSMENT)
Tongue-space, tongue-tone, hypermobility vs restriction, labial and buccal influences

2:30 – BREAK

2:45 – PART 5 (A & B): Frenum Surgery and Surgical Case Examples
Indications, anatomy, fascia vs mucosa, pediatric vs adult considerations

3:45 – BREAK

4:00 – PART 5B: Pre and post-operative myofunctional protocols

Release strategies, identifying end-points, simple to complex cases

5:00 – END OF DAY 1

DAY 2 – JAN 9TH

8:00 – PART 6: FUNCTIONAL AIRWAY APPROACH (FAIREST / NOSE / TONSILS / PEDIATRICS)
Screening, airway structures, and clinical integration

9:00 – BREAK

9:15 – PART 7: TONGUE-SPACE AND MULTIFACTORIAL CONSIDERATIONS
FAIREST 6 + 4, adult vs pediatric differences, compensation patterns

10:15 – BREAK

10:30 – PART 8A: SURGICAL EXAMPLES
Pediatric Behavior Management, Sedation, Simple to Complex adults

11:30 – BREAK

11:45 – PART 8B: SURGICAL EXAMPLES
Suture, Laser, & Infants

12:30 – LUNCH BREAK

1:30 – PART 9: SUTURE TECHNIQUES AND WOUND MANAGEMENT
Primary intention healing, tension control, avoiding reattachment

2:30 – PART 10 (A, B) : WOUND HEALING, KENALOG, LIP, AND BUCCAL TIES s Healing phases, scar formation, hypermobility, tissue quality, complications
Kenalog, Serrapeptase, lip and buccal ties

3:15 – BREAK

3:30 – PART 11: BRIEF HISTORY OF CASE AND CLINICAL STUDIES

4:15 - Q&A AND WRAP UP