

RCC EVENT

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Understanding Psychosocial Barriers: Facilitating Positive Change Towards Recovery (UPB2b)

Edgbaston Park Hotel and Conference Centre, Birmingham, B15 2RS

with Clare Daniel - Psychology Lead for Pain Services in Buckinghamshire, Jonathan Field FRCC (Pain) & Julia Gover MRCC, LRCC (Pain)

Seminar Content

This one-day in-person seminar is an essential component of the requirements of the RCC Diploma in Pain Management/full Membership of the RCC Pain Faculty.

The seminar focuses on understanding how non-physical factors can constitute barriers to a patient's recovery, and learning how to manage these factors. Structured around brief presentations, small group workshops and group discussions, we will cover:

- Identifying patients at risk
- Interventions
- Understanding limitation of scope of practice
- How to record in case files and communication with other health care professionals
- Use of outcome assessments in high-risk patients

Please note that in order to participate in this seminar, you must have successfully completed the UPB1 and UPB2a online learning modules which also form part of the RCC Diploma in Pain Management. If you have not undertaken these modules but wish to register for this seminar, you will need to register for UPB1 and UPB2a at the same time.

Programme timings

09.30 Registration
10:00 Morning Session
12:00 Lunch (included)
12:45 Afternoon Session
17.00 Close

OCTOBER 2024

Saturday 19th

09:30 - 17:00

Registration:

RCC members: **£149**

Non-members: **£199**

To register please visit:

rcc-uk.org/rcc-events

Registration closes:

Monday 30th September 2024, 5pm

Cancellations:

Fees will be refunded, less a £10 administration charge, for all cancellations received on or before 10 days before the event (7th October 2024), no refunds can be given after this date.

****Please do not attend this event unless you have received confirmation of a place and joining instructions.****

Please contact events@rcc-uk.org or see our website for the full cancellation policy.

Speakers

Julia Gover MRCC, LRCC (Pain)

Julia Gover graduated from AECC in 2012 and worked in many different clinics in the North West of England for over a decade. She now works as a Community Pain Champion for the Flippin' Pain campaign and is due to complete her MSc in Pain Science and Management this year. Julia is a Trustee of the Royal College of Chiropractors and Secretary of the RCC's Pain Faculty.



Jonathan Field FRCC (Pain)

Jonathan works as a clinical practitioner specialist (CPS) within the spinal service at Solent NHS Trust assessing patients who have either not done well with previous care or those who have potentially serious presentations. He is clinical lead for a community physical therapy team in North Hampshire as part of an integrated MSK service.

His doctorate is in collecting, reporting and predicting PROM and PREM outcomes in chiropractic patients. He is active in research, with publications on using outcomes in day-to-day clinical practice, on factors that may influence patients response to chiropractic care and on chiropractors taking an integrated role in the wider health sector.



Jonathan is a trustee of the Royal College of Chiropractors and is surrebtly the RCC's Director of CPD. He sits on the UK National NHS MSK Data Group and represents the Royal College of Chiropractors in the Quality in Private MSK Group which is working to set national standards of outcome assessment in the UK.

Through his clinical and research work, Jonathan has led the development of the Care Response system to help chiropractors simplify the gathering and use of patients reports of their progress and satisfaction in day to day clinical practice.

Clare Daniel - Psychology Lead for Pain Services in Buckinghamshire

Clare is the Chief Psychologist for Buckinghamshire Hospitals NHS Trust, leading a team of 29 psychological therapists. She started her career as a nurse and then trained as a clinical psychologist. Since qualifying Clare has worked in a variety of physical health settings and has developed an expertise in psychological interventions to support people living with persistent pain. In addition to her Doctorate in Clinical Psychology, Clare has a diploma in Cognitive Behavioural Therapy and is qualified in Mindfulness Based Cognitive Therapy.

Clare has worked at the INPUT Pain Management Centre (St Thomas' Hospital), Chelsea and Westminster Pain Service and latterly at the University College London NHS Foundation Trust where she led and developed the psychology teams in the Pain Management Centre (the National Hospital for Neurology and Neurosurgery), and the Facial Pain Team (the Eastman Dental Hospital (EDH)). She was Clinical Lead of the EDH multi-disciplinary team for 3 of those years.



Clare was a Research Associate at Imperial College London where she studied and published on the psychological and physical impact of neuropathic pain. She is CEO of MyPain Ltd, a company that has developed an online Pain Management Programme. She is a regular contributor to scientific journals and academic textbooks and has co-authored a book on pain management. She has an MBA from Henley Business School.

Clare believes that all healthcare providers need to continue to move away from a dualistic model of physical health and towards an integrated understanding of the interactions between a physical health condition and psychosocial factors. On the top of her 'bucket list' is a wish to see this understanding translate into improved care, healthcare experiences and outcomes for people living with persistent pain.