



# GONSTEAD SEMINAR SERIES

BY THIERRY CARIS, DC  
- GONSTEAD DIPLOMATE -

9 & 10 NOVEMBER 2024  
8 & 9 FEBRUARY 2025  
8 & 9 MARCH 2025  
29 & 30 MARCH 2025

ADDRESS:  
SPARRENHOF  
BRUGSESTEENWEG 183  
EEKLO, BELGIUM

**ONLY 16 PLACES AVAILABLE IN TOTAL  
PURPOSE: 1-ON-1 HANDS-ON TEACHING**

## PRICES

- Chiropractors:
  - €1600 for all 4 weekends (€400/weekend) when payed **in total** in advance.
  - €450/weekend when payed separately for each weekend.
- Young Chiropractors (< 1 year as a Doctor):
  - €1000 for all 4 weekends (€250/weekend) when payed **in total** in advance.
  - €280/weekend when payed separately for each weekend.
- Students:
  - €800 for all 4 weekends (€200/weekend) when payed **in total** in advance.
  - €200/weekend when payed separately for each weekend.

## HOW TO APPLY

- Send an email to: [chiropraxievergauwe@gmail.com](mailto:chiropraxievergauwe@gmail.com)
- Include the following information:
  - Full Name
  - Doctor / first year Doctor / Student
  - Whether you will pay all at once or rather separately each weekend

---

## **ABOUT THE DOCTOR, THIERRY CARIS**

Thierry Caris graduated from Cleveland Chiropractic College in 1993. He has attended the Gonstead Clinic for numerous seminars and has participated in over 50 Gonstead seminars.

For more than 15 years, he has served as the Gonstead instructor at IFEC Paris, and he began conducting Gonstead seminars 7 years ago. In 2004, Dr. Caris earned his Gonstead diplomate under the mentorship of Alex and John Cox.

Dr. Caris is committed to teaching the Gonstead technique as authentically as possible, adhering closely to the original methods taught at the Gonstead Clinic, as well as those imparted to him by Alex and Doug Cox. He expresses his gratitude to Dr. Perillat, Director of the Gonstead Clinic at Cleveland Chiropractic College, Dr. John Cox, and Dr. Bill Droessler for their invaluable guidance and support.

## **ABOUT THE SEMINAR**

We will cover the Gonstead Method for most of the spine in these 4 weekends. [1]  
[SEP]

Overview:

- Intro
- Full Spine (motion) palpation practice
- X-Ray analysis
- Sacrum/Ilium PUSH / PULL + prone
- Lumbar PUSH / PULL + prone
- Cervicals and upper Dorsals PUSH / PULL + prone
- Upper Cervicals
- Dorsals
- Knee-Chest
- Nervoscope
- Patient management
- Case-studies and patient presentations related to each region
- ...

After applying, you will receive a document outlining the specific details of what will be covered.

By registering through the Google Form, you agree to participate and pay for each weekend or to find a replacement to take your spot in case of absence.

Your registration is considered complete only when you have filled out the Google Form – which will also be sent to you after applying – and provided proof of payment.

Upon completing the seminar, you will receive an official certificate, and the total hours will be credited to your GCSS number, as this seminar is GCSS certified.

---