

# RCC LIVE WEBINAR

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## Identifying and Managing Patients with Axial Spondyloarthritis Part 2: Signs and symptoms, patient journey and self- management

with **Clare Clark**

### Webinar Outline

This webinar provides the second standalone part of a two-part series that aims to raise awareness of axial spondyloarthritis (axSpA), a condition diagnosed after an average of 8.5 years in the UK. Our speakers, who each have lived experience of axSpA, will share their insights and knowledge to improve understanding and management of the condition. These events seek to inform participants about recognising the signs and symptoms of axSpA, increase their confidence in using tools and resources to facilitate referrals, and provide an understanding of the management strategies for axSpA.

### Learning Outcomes

Following this webinar you will:

- An increased understanding of the signs and symptoms of axSpA
- Be able to explore investigate resources available to chiropractors to identify if referral is needed to rheumatology
- Have gained knowledge in the patient journey to diagnosis and treatment
- Explore treatment approaches and self-management resources

### Speaker

Clare is the Senior Partnership and Engagement Officer at NASS. She worked in the NHS for 23 years specialising in rheumatology and persistent pain management. In her role as an Advanced Practitioner in Occupational Therapy she set up a therapy led axSpA clinic with her physiotherapist colleague. With lived experience of having axSpA and her appreciation of the demands on clinicians, she is passionate about improving axSpA services.



**JULY 2024**

**Tuesday 9<sup>th</sup>**

**19:00 - 20:00**

**Free for RCC Members** - a link will be provided by email.

**Non-Members:** £35 - to register please visit: [rcc-uk.org/rcc-events](https://rcc-uk.org/rcc-events)

**Registration closes:**

Tuesday 9<sup>th</sup> July 2024, 5pm

**Chair:** Matthew Barks FRCC (Pain)