

RCC LIVE WEBINAR

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Communicating with Patients in Pain: Addressing Attitudes and Beliefs

with **Matthew Barks FRCC (Pain)** & **Mark Thomas MRCC (Pain)**

Webinar Outline

When faced with a medical condition, patients form attitudes and beliefs about their symptoms and treatment options. These attitudes and beliefs drive health behaviours e.g. seeking and engaging in treatment. Some attitudes and beliefs can act as a barrier to recovery and have a significant association with patient outcomes, for example, chronicity. As clinicians we can have a lasting influence on the attitudes and beliefs formed by our patients. In this webinar, we will explore patients' attitudes and beliefs towards their symptoms and treatment as well as our influence as practitioners.

Learning Outcomes

- Understand the current scientific knowledge on patients' attitudes and beliefs about symptoms and treatment.
- Identify beliefs that may act as a barrier to recovery and engagement with self-management.
- Appreciate the influence of language and actions when interacting with patients.
- Apply effective patient communication strategies to maximise patient outcomes and reduce barriers to recovery.

Speakers

Matthew Barks FRCC (Pain)

Matthew qualified from the Welsh Institute of Chiropractic in 2012 and has practised in Elgin, north-east Scotland, since 2013. As well as working at the clinic he is involved with a local rugby club. Matthew completed a Master's Degree in Pain Management at Cardiff University in 2018, and is a Fellow of the Royal College of Chiropractors Pain Faculty. He is also a Trustee of the RCC. A core focus of his practice is the promotion of patient self-management and building relationships with other healthcare providers.

Mark Thomas MRCC (Pain)

Mark qualified as a chiropractor in 2009 from the Welsh Institute of Chiropractic (University of South Wales) and worked for five years in private practice. Mark has worked as a rehabilitation consultant for a private medical insurance company setting up an advanced practitioner telephonic triage service and, from 2016 to 2018, he led a multidisciplinary physical therapy team in a private hospital



JULY 2022

Wed 20th

19:00 - 20:00

Free for RCC Members - a link will be provided by email.

Non-Members: £35 - to register please visit:

rcc-uk.org/rcc-events

Registration closes:

Wednesday 20th July 2022, 5pm

Chair: Jonathan Field FRCC (Pain)

in Kent (KIMS Hospital).

Mark joined London South Bank University (LSBU) in 2018 as a full-time academic and is currently the Professional Lead for Chiropractic. At LSBU, Mark has been involved in the development and implementation of a new MChiro programme which will see its first cohort of students graduate in summer 2022. Mark is a part-time PhD student at LSBU investigating 'the attitudes and beliefs towards manual therapy in patients experiencing low back pain'. Mark is the current Chair of the RCC's CPIRLS Development Group.