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Myofascial pain and dysfunction syndrome: Diagnosis and treatment interventions

Christopher Yelverton FRCC

Webinar Outline

Myofascial pain and dysfunction syndrome (MFPD) is a commonly seen condition in most chiropractic practices. Accurate diagnosis of these associated Myofascial trigger points (MFTP's) is an important aspect of successful treatment intervention, and the criteria and additional approaches will be discussed. Various proposed mechanisms have been previously established, in many cases based on the intervention that is presented. In this presentation, we will introduce these proposed mechanisms and the relevant treatment interventions, to explain their effect, with the current best evidence of effectiveness.

Learning Outcomes

- Understand the proposed physiology of MFTP's development
- Apply the recommended diagnostic criteria of MFTP's
- Know the additional diagnostic methods available
- Understand the treatment interventions and their proposed mechanisms
- Apply the treatment interventions based on best evidence

Speaker

Chris is currently the Head of Department of Chiropractic at the University of Johannesburg, South Africa. He has served on local executive committees of the Chiropractic Association of South Africa (CASA), and was elected as the Chair of the Professional Board for Chiropractic and Osteopathy (PBCO) from 2007-2016. In 2016 he was elected and currently serves as the Chairman of the Allied Health Professions Council of South Africa (AHPCSA). In 2018, he was elected as the vice president of the European Council on Chiropractic Education (ECCE), is a Fellow of the Royal College of Chiropractors (FRCC), and is a PhD candidate at the University of the Witwatersrand.



APRIL 2022

Mon 25th

13:00 - 14:00

Free for RCC Members - a link will be provided by email.

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Registration closes
Monday 25th April 2022, 10am