

RCC LIVE WEBINAR

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Clinical Pearls of Whiplash: Understanding Mechanisms and Related Injuries

Mark Spriggs Msc, MRCC

Webinar Outline

Car crashes and collisions are complex events that result in a myriad of injuries and associated disorders. As a result, each patient needs to be individually assessed according to the crash scenario and a tailored treatment or management strategy is required. Understanding the forces, force vectors and mechanisms involved for each patient is key to performing a thorough assessment and formulating the appropriate management strategy for each patient. This event will outline:

- Whiplash is not a diagnosis but the mechanism of injury
- Concepts of injury mechanics and tissue trauma through loading scenarios
- Psychological impacts of car crash collisions
- Case documentation for your personal injury patient
- Is diagnostic image required? If so, what type?

Learning Outcomes

- Understanding of car crash mechanics and its effects on the patient
- Knowledge and skillset to thoroughly assess and diagnose patients' injuries following car collisions
- Knowledge of how to apply the above in clinical practice and synthesise your approach to patient assessment and management

Speaker

Mark Spriggs MSc, MRCC – graduated from the Welsh Institute of Chiropractic in 2010 and has been in clinical practice ever since. He completed an MSc in Enhanced Diagnostic Imaging Practice at Sheffield Hallam University in 2021. Mark has also completed over 200 hours of postgraduate study in spinal biomechanics and spinal rehabilitation in the US with some of the best chiropractic and spine researchers in the world. He has worked in multiple clinics in London and Berkshire until 2017 when he and his wife set up their own clinic in Newbury, Berkshire. Theirs is a large exercise-based clinic focused predominantly on spinal rehabilitation with a variety of exercise equipment used daily with patients.



MARCH 2022

Thurs 17th

19:00 - 20:00

Free for RCC Members - a link will be provided by email.

Non-Members: £35 - to register please visit:

rcc-uk.org/rcc-events

Registration closes
Thursday 17th March 2022, 5pm

Chair
Monica Handa FRCC, MRCC
(Ortho)