

RCC LIVE WEBINAR

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Cervical Radiculopathy: What works and what doesn't

**Monica Handa FRCC, MRCC (Ortho) &
Jatinder Benepal FRCC, MRCC (Ortho)**

Webinar Outline

Chiropractors frequently manage patients with acute and sub-acute pain, especially those with neuro-musculoskeletal complaints. Practitioners need to be aware of the evidence for what they do and consider guidelines set by national and international bodies. The aim of the session is to highlight RCC, NICE and Danish National Clinical Guidelines relevant to cervical radiculopathy, and explore how they influence practice and how patients are managed by other healthcare professionals.

Learning Outcomes

- To be aware of national and international guidelines relevant to cervical radiculopathy
- Understand the most important procedure for establishing the presence of cervical radiculopathy
- Understand what most distinguishes cervical radiculopathy from a patient with referred pain
- Understand which cervical nerve root is most commonly involved in cervical radiculopathy
- Understand which is the most appropriate investigation in terms of imaging cervical radiculopathy
- Understand what to address initially with respect to patient management and which is the recommended treatment intervention in terms of patient management

Speakers

Monica Handa FRCC, MRCC (Ortho)

Monica graduated from AECC in 1993 with a BSc (Distinction) in Chiropractic and has since gone on to undertake many postgraduate courses and seminars including the first postgraduate course in 1995 at the AECC in Clinical Chiropractic. She was the first person in the UK with an advanced certification in CBP—Clinical Biomechanics of Posture—which she gained in August 2014. Monica runs a private practice in Warrington, Cheshire, where she has practised for the last 28 years. Her patient base is mainly older adults, and her special interest is in structural rehabilitation. She currently chairs the RCC's Orthopaedics, Rehabilitation & Exercise Faculty.



DECEMBER 2021

Tuesday 7th

19:00 - 20:00

Free for RCC Members - a link will be provided by email.

Non-Members: £35 - to register please visit:

rcc-uk.org/rcc-events

Registration closes:
Tuesday 7th December 2021, 5pm.

Convenor: Stuart Smellie FRCC,
MRCC (Pain)

Jatinder Benepal FRCC, MRCC (Ortho)

Jatinder graduated from AECC in 1986 and has been involved in various roles on BCA Council over the years. She was an RCC Council member between 2006 and 2019 and has represented the RCC on a national advisory board to raise the awareness of axial spondyloarthritis among chiropractors and osteopaths since 2018. Jatinder is the founder of the Isis Chiropractic Centres, which now consist of three clinics. Jatinder has gathered great experience in the treatment and management of many conditions over the years and has helped hundreds of patients recover from their problems.