

COMMUNICATION SKILLS RCC AGM WEBINAR SERIES

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The Royal College of
Chiropractors
#RCCAGM2020

Motivational Interviewing in Chiropractic Care

Professor Lesley Haig

Webinar Outline

Motivational interviewing (MI) is a psychologically informed approach defined as a collaborative, goal-oriented style of communication. MI has been widely recommended as a complex behaviour change intervention for implementation across a range of health and care settings. This webinar will introduce you to what MI is (and what it isn't), when this approach may be indicated and how it works in practice. You will be introduced to key concepts including MI Spirit and be presented with some MI-focused skills which you may wish to consider introducing into your own practice.

Learning Outcomes

At the end of this webinar you will:

- Be familiar with MI as a psychologically-informed, patient-centred approach
- Develop your knowledge of what MI is and how it works
- Understand when an MI approach may be indicated
- Understand the concept of MI spirit
- Be familiar with some MI-focused skills which can support your practice

Speaker

Professor Lesley Haig is Vice Chancellor and CEO of AECC University College. She is a UK-registered physiotherapist who has worked in a variety of leadership and academic roles in several UK universities, and as a clinician in the NHS, private practice and elite sport settings. Lesley is passionate about the positive impact motivational interviewing, and other psychologically-informed approaches, can have on patient outcomes as well as practitioner wellbeing. She has many years of experience in training healthcare practitioners in MI from a range of health and care backgrounds, supported by evidence including her own doctoral research.



NOVEMBER 2021

Thurs 25th

19:00 - 20:00

Free for RCC Members - a link will be provided by email.

Non-Members: £35 - to register please visit:

rcc-uk.org/rcc-events

Registration closes:

Thursday 25th November
2021, 5pm.

Convenor: Convenor – Mark
Gurden FRCC (Pain), LRCC
(Sport)

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Series Schedule

Motivational Interviewing

Thurs 25th Nov 2021, 7 - 8pm

Speaker: Prof Lesley Haig, AECC UC

The RCC Clinical Practice Standard for Communication

Weds 12th Jan 2022, 7 - 8pm

Speaker: Phil Jones MRCC, LRCC (Pain)

2022 President's Lecture: Effective Clinical Communication

Weds 26th Jan 2022, 1 - 2pm (RCC AGM – members only)

Speaker: Professor John Skelton, University of Birmingham