

April 5, 2020

State Board of Chiropractic Examiners

To Whom It May Concern:

This letter is to state that as Director of Parker Professional Programs, I have reviewed the speakers below and determined that they are post-graduate level instructors, through a curriculum vitae or resume, and they have knowledge, training and expertise in the topics to be covered for “Online Basic Neurology and Structural Patterns of the Lower Extremity 2020”. The documentation appears to fall within chiropractic guidelines of the various state boards.

Parker University
Continuing Education
2540 Walnut Hill Lane
Dallas, Texas 75229
www.parker.edu

Mark Charrette, DC

Please contact me if further information is needed, my direct phone number is 214-902-3492, or via email at pfrase@parker.edu.

Sincerely,



Phyllis Frase-Charrette
Director of Professional Programs

METHOD OF CERTIFYING IN ONLINE ACTIVITIES

1. **Name of Course:** Online Basic Neurology and Structural Patterns of the Lower Extremity 2020
2. **Organization Sponsoring the Course:** Parker University
3. **Course Objective:** To enhance the expertise of the Chiropractic Professional.
4. **Study Hours Required:** 1 Online
5. **Instructor(s):** Mark Charrette DC
6. Educational background and experience of instructor(s) is on file in the University offices.
7. **Attendance Verification Method and Certifying Officer:** The Online presentation is delivered via web pages in which the participant must review anatomy images, read supporting text, listen to audio instruction, and answer test questions. The time the participant spends on each page is logged and tracked. In addition, the test questions must be passed, or the participant cannot continue on to the following pages. The computerized log files that track the participant's access time and usage will be utilized to validate the attendance and participation. The instructors will be available for questions via e-mail. Upon successful completion, Parker University Continuing Education Department will maintain and distribute attendance records.
8. **Textbooks and/or Equipment Required:** Internet
9. **Outline of Material Covered:** Attached
10. **Location(s):** Computer/Internet Based
11. **Date(s):** Based upon date of actual completion

Basic Neurology and Structural Patterns of the Lower Extremity

Dr. Mark N. Charrette

One Hour Outline

Course Description

This one hour webinar will discuss the basic neurology of joint function along with the effects of the chiropractic adjustment on pain and the autonomic nervous system. This will be followed by the common spinal and lower extremity structural patterns found in the typical adult.

Learning Objectives

- Understand and explain the concept of the kinetic chain.
- Understand and explain the basic joint neurophysiology of the chiropractic adjustment in any lower extremity joint.
- Understand and define the structural pattern of the navicular, cuboid, cuneiforms, metatarsal heads, talus, calcaneus, and the fibula in a pronated foot.

- | | | |
|------|---|------------|
| I. | <u>Introduction and Basic Terminology</u> | 15 minutes |
| | A. The kinetic chain | |
| | B. Typical lower extremity standing posture | |
| | C. Lower extremity developmental pattern | |
| II. | <u>Basic Neurology</u> | |
| | A. Joint Dysfunction | 15 minutes |
| III. | Dysafferentation | 15 minutes |
| | A. Mechanoreception | |
| | B. Nociception | |
| | C. Autonomic Nervous System | |
| III. | Structural Patterns | 15 minutes |
| | A. Foot | |
| | B. Knee | |
| | C. Hip | |

Dr. Mark N. Charrette
209 Edgestone Dr.
Irving, TX 75063
972 890 4776
drmarkcharrette@gmail.com

CAREER OVERVIEW

Initial full-time practicing chiropractor developing large practices in California, Nevada, and Iowa, followed by 24 years of presenting chiropractic technique, philosophy, and personal growth seminars worldwide. Authoring multiple articles for professional publications and developing a chiropractic extremity technique including a book and video series. Presenting to students at chiropractic colleges worldwide on a variety of topics including chiropractic technique, philosophy, examination, and motivation.

SKILL HIGHLIGHTS

- Strong public speaking and presentation skills
- Chiropractic extremity technique developer
- Writing and researching skills
- Proven leader
- Team player
- Energetic
- Persistent,
- Ability to listen
- Adaptability
- Relationship and team building
- Driven
- High moral standards
- Positive attitude

EDUCATION:

Palmer College of Chiropractic

Doctor of Chiropractic - Salutatorian

Summa Cum Laude - GPA 3.97

Graduation - December 13, 1980

Illinois State University

Normal, Illinois

Bachelor of Science in Education - High Honors

Summa Cum Laude - GPA 3.96

Graduation - May 1976

Oakland Community College

Associate of Arts- High Honors

Summa Cum Laude - GPA 3.96

Graduation - May 1974

EMPLOYMENT

- **Foot Levelers** – Roanoke, Virginia

Seminar presenter-Independent Contractor - January 2016 to present

- **Foot Levelers** – Roanoke, Virginia

Director of Education - January 2015 to January 2016

Responsible for rewriting, illustrating, and referencing four manuals. Authoring professional publication articles. Creation, filming and writing of 37 instructional videos. Customer service education and organization. Presenting post-grad relicensure seminars. Chiropractic college student presentations.

- **Post Graduate Seminar Presenter and Chiropractic College Guest Speaker**

September 1987 to present

Presented over 1,700 post-graduate relicensure and chiropractic college student presentations on extremity and spinal adjusting techniques, biomechanics, philosophy, and motivation in 47 states, 18 countries, and 19 chiropractic colleges world-wide.

- **Charrette Chiropractic Office** – Visalia, California (Dr. Dale Charrette)

January 1999 – May 2000

- **Hagensick Chiropractic Office** –Waukon, Iowa

May 1993 - December 1998

Full-time treating chiropractor and supervisor of office staff.

- **Dr. Mark Charrette – Chiropractor** – Las Vegas, Nevada

September 1989 – December 1992

Owner and full-time treating chiropractor in high volume office utilizing sports care, rehabilitation, elderly and family care, work injuries, and auto accidents.

ONLINE CE ATTENDANCE CERTIFICATE

Name: _____

Title: Online: XXXX

Address: _____

Course # XXXX

Date: XXXX

City: _____ **State:** _____ **Zip:** _____

Location: Online

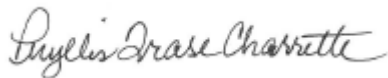
STATE [only one per voucher]: _____ **YOUR STATE LICENSE #:** _____

DO NOT WRITE BELOW THIS BOX

Completion Date	Class Hours	Course Title	Instructor
XX/XX/XX			

TOTAL HOURS ATTENDED: _____

Board Approval No. _____



Phyllis Frase Charrette
Director, Parker Professional Programs

This certificate is to acknowledge your completion of the Online Continuing Education course shown above. This copy is for your records and can be submitted to your board of licensing. Please Note: Verify the information is correct upon receipt – discrepancies will only be accepted up to 6 months after the closing date of the course. Please keep this certificate in a secure place. Any replacement, copy, or fax will incur a \$25 fee per certificate.



These Questions are delivered via the Parker Seminars mobile App.

Quality Feedback Survey

Course Name: _____

Date: _____ Location: _____

How did you hear about this Course?

Parker Brochure School E-mail Referral Parker Web Site Other _____

Please score each speaker on an “A to E” scale, with “A” Extremely Satisfied and “E” being Extremely Dissatisfied.

How would you rate this speaker

a b c d e

Rate the overall content of the session:

a b c d e

Rate the classroom & facilities:

a b c d e

Please add any additional comments:

a b c d e

Is there a certain speaker or topic you would like to see next time?:

a b c d e

12) What topics would be of interest to you for future classes?

Comments:

THANK YOU FOR YOUR FEEDBACK!

The purpose of this quality feedback survey is to provide information to the Instructors and to Parker University about extant standards of performance. **Your response will be held in confidence. You will not be identified in any way by reference to your response. For additional complaints or concerns regarding this program please contact Parker University at 800.266.4723.** Parker University will share the outcomes of this evaluation with the Instructor, and will keep a copy on file in the Continuing Education Office to demonstrate compliance with accreditation standards and requirements.