

April 5, 2020

State Board of Chiropractic Examiners

To Whom It May Concern:

This letter is to state that as Director of Parker Professional Programs, I have reviewed the speakers below and determined that they are post-graduate level instructors, through a curriculum vitae or resume, and they have knowledge, training and expertise in the topics to be covered for “Online The Opioid Crisis – An American Epidemic 2020”. The documentation appears to fall within chiropractic guidelines of the various state boards.

Parker University  
Continuing Education  
2540 Walnut Hill Lane  
Dallas, Texas 75229  
[www.parker.edu](http://www.parker.edu)

Mark Charrette, DC

Please contact me if further information is needed, my direct phone number is 214-902-3492, or via email at [pfrase@parker.edu](mailto:pfrase@parker.edu).

Sincerely,



Phyllis Frase-Charrette  
Director of Professional Programs

## **METHOD OF CERTIFYING IN ONLINE ACTIVITIES**

1. **Name of Course:** Online The Opioid Crisis – An American Epidemic 2020
2. **Organization Sponsoring the Course:** Parker University
3. **Course Objective:** To enhance the expertise of the Chiropractic Professional.
4. **Study Hours Required:** 1 Online
5. **Instructor(s):** Mark Charrette DC
6. Educational background and experience of instructor(s) is on file in the University offices.
7. **Attendance Verification Method and Certifying Officer:** The Online presentation is delivered via web pages in which the participant must review anatomy images, read supporting text, listen to audio instruction, and answer test questions. The time the participant spends on each page is logged and tracked. In addition, the test questions must be passed, or the participant cannot continue on to the following pages. The computerized log files that track the participant's access time and usage will be utilized to validate the attendance and participation. The instructors will be available for questions via e-mail. Upon successful completion, Parker University Continuing Education Department will maintain and distribute attendance records.
8. **Textbooks and/or Equipment Required:** Internet
9. **Outline of Material Covered:** Attached
10. **Location(s):** Computer/Internet Based
11. **Date(s):** Based upon date of actual completion

The Opioid Crisis – An American Epidemic  
Dr. Mark N. Charrette  
One Hour Outline

**Course Description:**

This one-hour course will present up-to-date information and statistics on the Opioid Crisis gripping the USA. This presentation involves common opioids, leading causes of death in the US, recent studies, and the chiropractic solution.

**Course Objectives:**

- Understand and explain the origins of the opioid crisis in the USA.
- Understand and state the common opioids abused in the USA.
- Understand and explain the chiropractic solution/alternative to the opioid crisis in the USA.

**Course Outline**

- |      |   |            |
|------|---|------------|
| I.   | Leading Causes of Death in the US and comparisons | 15 minutes |
|      | 1. Opioids  |            |
|      | 2. Breast Cancer                                  |            |
|      | 3. Auto Accidents                                 |            |
|      | 4. Heart Disease                                  |            |
|      | 5. Cancer   |            |
|      | 6. AIDS   |            |
|      | 7. Vietnam War                                    |            |
|      | 8. AIDS   |            |
|      | 9. Progression-Deaths/Day                         |            |
| II.  | Common Opioids                                    | 15 minutes |
|      | 1. Hydrocodone                                    |            |
|      | 2. Oxycodone                                      |            |
| III. | Studies   | 15 minutes |
|      | 1. West Virginia                                  |            |
|      | 2. JAMA   |            |
|      | 3. American Academy of Neurology                  |            |
| V.   | Chiropractic Solutions                            | 15 minutes |
|      | 1. Adjustments                                    |            |
|      | 2. Diet/Nutrition                                 |            |

**Dr. Mark N. Charrette**  
**209 Edgestone Dr.**  
**Irving, TX 75063**  
**972 890 4776**  
**drmarkcharrette@gmail.com**

## **CAREER OVERVIEW**

Initial full-time practicing chiropractor developing large practices in California, Nevada, and Iowa, followed by 24 years of presenting chiropractic technique, philosophy, and personal growth seminars worldwide. Authoring multiple articles for professional publications and developing a chiropractic extremity technique including a book and video series. Presenting to students at chiropractic colleges worldwide on a variety of topics including chiropractic technique, philosophy, examination, and motivation.

## **SKILL HIGHLIGHTS**

- Strong public speaking and presentation skills
- Chiropractic extremity technique developer
- Writing and researching skills
- Proven leader
- Team player
- Energetic
- Persistent,
- Ability to listen
- Adaptability
- Relationship and team building
- Driven
- High moral standards
- Positive attitude

## **EDUCATION:**

Palmer College of Chiropractic

Doctor of Chiropractic - Salutatorian

Summa Cum Laude - GPA 3.97

Graduation - December 13, 1980

Illinois State University

Normal, Illinois

Bachelor of Science in Education - High Honors

Summa Cum Laude - GPA 3.96

Graduation - May 1976

Oakland Community College  
Associate of Arts- High Honors  
Summa Cum Laude - GPA 3.96  
Graduation - May 1974

## **EMPLOYMENT**

- **Foot Levelers** – Roanoke, Virginia

**Seminar presenter-Independent Contractor** - January 2016 to present

- **Foot Levelers** – Roanoke, Virginia

**Director of Education** - January 2015 to January 2016

Responsible for rewriting, illustrating, and referencing four manuals. Authoring professional publication articles. Creation, filming and writing of 37 instructional videos. Customer service education and organization. Presenting post-grad relicensure seminars. Chiropractic college student presentations.

- **Post Graduate Seminar Presenter and Chiropractic College Guest Speaker**

September 1987 to present

Presented over 1,700 post-graduate relicensure and chiropractic college student presentations on extremity and spinal adjusting techniques, biomechanics, philosophy, and motivation in 47 states, 18 countries, and 19 chiropractic colleges world-wide.

- **Charrette Chiropractic Office** – Visalia, California (Dr. Dale Charrette)

January 1999 – May 2000

- **Hagensick Chiropractic Office** –Waukon, Iowa

May 1993 - December 1998

Full-time treating chiropractor and supervisor of office staff.

- **Dr. Mark Charrette – Chiropractor** – Las Vegas, Nevada

September 1989 – December 1992

Owner and full-time treating chiropractor in high volume office utilizing sports care, rehabilitation, elderly and family care, work injuries, and auto accidents.

- **Lafayette Chiropractic Group** – Lafayette, California  
October 1981 – June 1989

Owner and full-time treating doctor in high volume office incorporating family care, sports chiropractic, personal injury, workman's comp, rehabilitation, and nutrition.

## **PROFESSIONAL LICENSES**

- Texas – license # 13750 - active
- California – licenses # 13975 - inactive
- Nevada – licenses # B394 - inactive
- Ohio – license # 3654 - inactive

## **PROFESSIONAL MEMBERSHIPS (PAST AND PRESENT)**

- American Chiropractic Association
- California Chiropractic Association
- Nevada State Chiropractic Association
- Ohio Chiropractic Association
- Palmer College Alumni Association
- Virginia Chiropractic Association

## **POST GRADUATE FACULTY MEMBER**

- Parker University - Dallas, Texas
- Palmer University- Davenport, Iowa
- Cleveland College of Chiropractic - Kansas City, Missouri

## **ACCOMPLISHMENTS**

- NJCAA All-American Swimmer 1973
- Chiropractor of the Year 2008 – Parker College Alumni Association
- Outstanding Citizen Award - The Masters Circle – 2004
- Dr. Monte H. Greenwalt Chiropractic Excellence Award - 2002
- Honorary Life Member Award - 1987 - Life West
- Who's Who in American Colleges and Universities - 1980
- Who's Who in American Colleges and Universities - 1974

## **POST GRADUATE RELICENSURE SEMINARS AT COLLEGES**

- Canadian Memorial Chiropractic College - Toronto, Canada
- Cleveland College of Chiropractic - Kansas City, Missouri
- Cleveland College of Chiropractic - Los Angeles, California
- Durbin Institute of Technology – Durbin, SA
- Hanseo University, Seoul, Korea

## ONLINE CE ATTENDANCE CERTIFICATE

**Name:** \_\_\_\_\_

**Title:** Online: XXXX

**Address:** \_\_\_\_\_

**Course #** XXXX

**Date:** XXXX

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Location:** Online

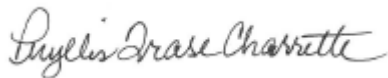
**STATE [only one per voucher]:** \_\_\_\_\_ **YOUR STATE LICENSE #:** \_\_\_\_\_

**DO NOT WRITE BELOW THIS BOX**

Completion Date	Class Hours	Course Title	Instructor
XX/XX/XX			

**TOTAL HOURS ATTENDED:** \_\_\_\_\_

**Board Approval No.** \_\_\_\_\_



\_\_\_\_\_  
**Phyllis Frase Charrette**  
**Director, Parker Professional Programs**

This certificate is to acknowledge your completion of the Online Continuing Education course shown above. This copy is for your records and can be submitted to your board of licensing. Please Note: Verify the information is correct upon receipt – discrepancies will only be accepted up to 6 months after the closing date of the course. Please keep this certificate in a secure place. Any replacement, copy, or fax will incur a \$25 fee per certificate.



These Questions are delivered via the Parker Seminars mobile App.

## Quality Feedback Survey

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Course Name: \_\_\_\_\_

Date: \_\_\_\_\_ Location: \_\_\_\_\_

**How did you hear about this Course?**

Parker Brochure     School E-mail     Referral     Parker Web Site     Other \_\_\_\_\_

**Please score each speaker on an “A to E” scale, with “A” Extremely Satisfied and “E” being Extremely Dissatisfied.**

How would you rate this speaker

a      b      c      d      e

Rate the overall content of the session:

a      b      c      d      e

Rate the classroom & facilities:

a      b      c      d      e

Please add any additional comments:

a      b      c      d      e

Is there a certain speaker or topic you would like to see next time?:

a      b      c      d      e

12) What topics would be of interest to you for future classes?  
\_\_\_\_\_

**Comments:**  
\_\_\_\_\_

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### THANK YOU FOR YOUR FEEDBACK!

The purpose of this quality feedback survey is to provide information to the Instructors and to Parker University about extant standards of performance. **Your response will be held in confidence. You will not be identified in any way by reference to your response. For additional complaints or concerns regarding this program please contact Parker University at 800.266.4723.** Parker University will share the outcomes of this evaluation with the Instructor, and will keep a copy on file in the Continuing Education Office to demonstrate compliance with accreditation standards and requirements.