



Chiropractic 'Checkup from the Neck Up'

Presented by Dr. Shawn Thistle

RRS Education's first E-Seminar...8 hours of continuing education credit!

Chiropractors are optimally positioned to assess, diagnose and manage many conditions that affect patients 'from the neck up'. Neck pain, headache and dizziness are ubiquitous, but not all cases are simple and predictable. Add recent or prior concussion to the mix and things can get complicated! Multimorbid or complex cases are challenging – no matter the patient's age – and deserve a carefully-crafted clinical approach, from relevant history taking to contextual examination and successful, safe management.

In this NEW E-Seminar, Dr. Thistle will help you integrate recent evidence and best practices into your patient care with his entertaining, clinically applicable style of speaking.

Topics include:

- Headache and dizziness/vertigo differential diagnosis and assessment
- Concussion assessment and management
- Ruling out potential emergent stroke in your neck pain/headache patients
- Integration of manual therapy, vestibular rehabilitation and other 'from the neck up' techniques for your patients

This informative E-Seminar will sharpen your clinical thought-process, enhance your diagnostic accuracy, raise your confidence, assist in insulating you from legal issues and improve outcomes for your patients!

Benefits of this new format:

- Complete at your own pace from the comfort of home or office
- Get caught up on new research and integrate it into your patient care
- Helpful tips and techniques for Monday morning
- Interactive quizzes & case vignettes
- Useful clinical tools & resources

PRICE: \$399

Continuing-Education:

Ontario: This E-Seminar provides 8 structured hours (including the CCO requirement for '5 mandatory structured hours consisting of diagnostic or therapeutic procedures related to any of the controlled acts within the chiropractic scope of practice')

Alberta: ACAC-approved for 8 CC Credits (Ref #3912)

United States: RRS Education is recognized by the PACE program of the Federation of Chiropractic Licensing Boards

United Kingdom: CPD approval pending

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## **COURSE OUTLINE:**

### **Section 1 – Differential Diagnosis and Assessment of Common Headaches & Dizziness**

Headaches and dizziness are common, ranging from a daily nuisance to disabling and life-changing for our patients. Chiropractors can skillfully triage, assess and manage these conditions for most patients – but arriving at the correct diagnosis is paramount in formulating effective treatment strategies! This section will focus on differential diagnosis and relevant clinical testing procedures for your patients with headache, dizziness or vertigo.

### **Section 2 – Concussion: An Evidence-Based Primer for Chiropractors**

Concussion in sporting environments is common, but this injury can also occur in occupational settings, motor vehicle collisions, falls, and so on. Chiropractors may see acute injuries as sideline clinicians, but also frequently encounter patients with a history of concussion. Evidence in this area is evolving rapidly, in terms of best practices that all chiropractors should be aware of.

### **Section 3 – The Dissection Connection: *Is this patient having a stroke?***

Finally, a contemporary discussion about this controversial topic based on evidence and practice realities. Protect your patients and insulate yourself and your practice from legal issues by reviewing and implementing best practices throughout the clinical encounter!

### **Section 4 – Treatment Considerations From ‘the neck up’**

In this final section, we will explore the literature pertaining to the complex interplay between cervical spine function, headaches, dizziness and post-concussion symptoms, emphasizing clinical decision making and summarizing the day’s information via case examples and discussion.

## **LEARNING OBJECTIVES:**

- 1) Review common differential diagnoses and assessment strategies for common headaches and dizziness
- 2) Summarize contemporary knowledge on concussion, with emphasis on clinical considerations for chiropractors
- 3) Integrate best practices into your clinical approach for ruling out emergent stroke in neck pain and headache patients
- 4) Explore the literature pertaining to the complex interplay between cervical spine function and dizziness, persistent post-concussion symptoms, neck pain and headache
- 5) Review the evidence on the appropriateness and efficacy of manual therapy for concussion, headache and cervicogenic dizziness