

## CE Convention 2020 Lugano, Interprofessional Collaboration, Communication, Research & Practice Update

### Program on Friday, 11 September 2020 (8 credits)

09.15–10.45	<p><b>Session Interprofessional Collaboration and Communication</b></p> <p>Integrated Care and Interprofessional Communication: "The Same from Different Perspectives?"</p> <p>Health systems and their organizations are fundamentally fragmented and have not been structured according to interprofessional and interinstitutional principles. However, fragmentation as well as coordination and integration are important and useful and moreover, are influencing the degree of patient engagement. Therefore, efforts towards more integration need to be differentiated focusing on different care settings and patient populations. Switzerland offers rich experience of such efforts, which will be presented.</p>	PD Dr med. Peter Berchtold Séverine Schussselé	Sala B
10.45–11.15	Break		Atrio PT
11.15–11.45	<p><b>Session Interprofessional Collaboration and Communication</b></p> <p>Establishing a Residency Program for Chiropractic at a Hospital in Berne</p> <p>To be partner in an Orthopaedic Clinic in Switzerland, certified with the A-status in postgraduate medical education is unique. Within this Clinic in Berne, chiropractic is one of several independent medical services since the beginning of this year. It also offers places for postgraduate training with the goal to facilitate and practice interprofessional collaboration.</p> <p>How does this residency programme look like, its strengths, weaknesses, opportunities, and first lessons learnt?</p>	Dr Martin Wangler	Sala B
11.45–12.45	<p><b>Session Communication</b></p> <p>The Psychology of Communication and Identity</p> <p>"Communication and Identity in Chiropractic: Why, how and what we communicate to our patients changes clinical success and why we might need a new identity as chiropractors."</p> <p>Our role as chiropractors has greatly changed lately and will continue to do so. As we move into our new role, as more mainstream health care practitioners, how do we find our place and what of our identity is worth saving? What do we bring to the table and how do we define and communicate that to others? How we communicate with our patients will greatly affect our clinical success. How we manage to communicate our role and identity will shape our future as a group in the eyes of society.</p>	Dr Andreas Fingal	Sala B
12.45–14.00	Lunch Break		Atrio PT
14.00–15.30	<p><b>Session Practice Update</b></p> <p><b>Workshops: Choose your options!</b></p>		
	<p><b>Workshop 1: Diagnostic Imaging Spine</b></p> <p>Two workshops (90 minutes each) will be available on Friday and Saturday afternoon. The first workshop will be on Diagnostic Imaging of the Spine and the second one on Diagnostic Imaging of the Extremities. These presentations will include interesting cases on radiographs, CT scans and MRI's. Upon viewing these cases we will be able to discuss and review various musculoskeletal pathologies.</p>	Dr Sarah Dion	Sala B3

	Workshop 2: Ascending and Descending Problems Chiropractic and Dentist Synergy	Dr Francesca Luraghi Dr Jean-Pierre Meersseman	Sala C2/3
	Workshop 3: TMJ Hege's lecture will be about Temporomandibular dysfunction (TMD) and the role chiropractors should take in diagnosing and treating this condition. She will talk you through some brief anatomy, normal symptoms, different TMD diagnoses, examination of the TMJ with surrounding areas, some treatment procedures and a few exercises. It will be a lecture with time for a little workshop in the end.	Dr Hege Herstad	Sala E
15.30–16.00	Break		Atrio PT
16.00–17.30	<b>Session Practice Update</b> <b>Workshops: Choose your options!</b>		
	Workshop 1: Diagnostic Imaging Extremities	Dr Sarah Dion	Sala B3
	Workshop 2: Ascending and Descending Problems Chiropractic and Dentist Synergy	Dr Francesca Luraghi Dr Jean-Pierre Meersseman	Sala C2/3
	Workshop 3: TMJ	Dr Hege Herstad	Sala E
18.00	<b>ChiroSuisse Dinner</b>		

More information and registration:

<https://www.chirosuisse.ch/de/member-infos/ce-convention-2020>

**Program on Saturday, 12 September 2020 (8 credits)**

09.00–10.00	<b>Session Research Update</b> <b>Chiropractic Prescription Rights in Switzerland</b> In this presentation, Dr Peter Emary will provide the results of his study on Swiss chiropractors' attitudes, beliefs, and practices regarding medication prescribing for musculoskeletal conditions. This study was conducted between November 2019 and February 2020. Dr Emary will give a brief overview of Q-methodology; highlight the key findings from the study with respect to ChiroSuisse members' views toward, and utilization of, their existing medication prescription privileges; and discuss the future implications of these findings for the chiropractic profession.	Dr Peter Emary	Sala B
10.00–10.30	Break		Atrio PT
10.30–11.30	<b>Session Research Update</b> <b>Spine Surgery Update</b> The treatment of patients with spine problems requires a careful history-taking, a profound understanding of imaging, and widespread experience about treatment modalities not only with regards to surgery. This is true for all professionals in this field. Today in western countries like Switzerland, the issue of demographics represents the biggest challenge for the healthcare system; this is particularly true for orthopedics and even more so for spine surgery. Elderly patients often present with complex spine problems, such as for example a combination of spinal stenosis and spinal deformities with additional osteoporosis. Furthermore, patients frequently show any number of comorbidities including diabetes, heart problems, or sarcopenia. The care for this complex patient group remains extremely challenging, starting with the right indication, to the technical execution of the surgical procedure, as well as the after-treatment.	Prof. Paul Heini	Sala B
11.30–12.30	<b>Session Sport and Chiropractic</b> <b>Extremity and Sport: "Back to the Future"</b> The lecture deals with what basics we need to focus on to be able to give optimal chiropractic care to athletes and the general public. In today's "Evidence Based Care" world there are many demands that need to be fulfilled and many chiropractors struggle to orient themselves in this maze. This lecture will try to expand our horizon but also give us focus on our most important attributes.	Dr Atle Aarre Dr Atle Torstensen	Sala B
12.30–13.30	Lunch Break		Atrio PT
13.30–15.00	<b>Session Practice Update</b> <b>Workshops: Choose your options!</b>		
	<b>Workshop 1: Diagnostic Imaging Spine</b> Two workshops (90 minutes each) will be available on Friday and Saturday afternoon. The first workshop will be on Diagnostic Imaging of the Spine and the second one on Diagnostic Imaging of the Extremities. These presentations will include interesting cases on radiographs, CT scans and MRI's. Upon viewing these cases we will be able to discuss and review various musculoskeletal pathologies.	Dr Sarah Dion	Sala B3
	<b>Workshop 2: Hands on Taping, Flossing and Pods</b> How can we influence the lower limb biomechanics with different treatment tools like kinesiologytape, flossband and pods? What are the mechanisms involved? We look at example treatments for ankle injuries and knee injuries and at the same time discuss	Dr Espen Kolderup	Sala C2/3

	what effect this will have on the rest of the body and movement. All examples are concept based and can therefore be transferred to any other part of the body.		
	<b>Workshop 3: Spine Day 2020</b> <b>Evidence-Based Screening of the Young Spine</b> The main objective of this workshop is to present the new, evidence-based spine day examination form. Beyond that we will present and discuss the normal development of the lower extremities and the spine during childhood and adolescence, including deviations and common pathologies. Furthermore, we will give a short overview of the evidence of back pain in the pediatric patient and will present the Young Spine Questionnaire as a self-assessment tool for back pain in children and adolescents. We will present recent own study results on its validity and discuss how this assessment can be integrated in daily practice. The workshop will be interactive with case presentations.	Dr Mette Hobæk Dr Brigitte Wirth	Sala E
15.00–15.30	Break		Atrio PT
15.30–17.00	<b>Session Practice Update</b> <b>Workshops: Choose your options!</b>		
	Workshop 1: Diagnostic Imaging Extremities	Dr Sarah Dion	Sala B3
	Workshop 2: Hands on Taping, Flossing and Pods	Dr Espen Kolderup	Sala C2/3
	<b>Workshop 3: Spine Day 2020</b> <b>Evidence-Based Screening of the Young Spine</b>	Dr Mette Hobæk Dr Brigitte Wirth	Sala E
17.00–17.15	<b>Farewell Address</b>		Sala B

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