

# Advanced Principles of TMJ, RIB, and Shoulder Girdle Adjusting

**15-hour seminar**

**Presented by The Council on Extremity Adjusting**

**Instructors:** Marni Capes, DC, CCEP; John Downes, D.C., CCEP; Kevin Hearon, DC, CCSP, CCEP; Nancy North, DC, CCSP, CCEP; Keith Rau, DC, CCEP; Thomas Satterwhite, DC, , CEPA, CCEP, Dr. Marius Jensen, DC, CCEP

**Objective:** Cover the diagnostic and treatment issues involving the T.M.J., RIBS AND SHOULDER GIRDLE adjusting for chiropractors.

**Purpose:** To simplify protocols for the progression of analysis and treatment these areas.

**Overview:** Learn the two main types of T.M.J. subluxations, the seven types of rib subluxations, shoulder girdle instability causes and their treatment.

## DAY ONE:

8:00-9:00 TOPIC: EXAM PROCEDURES/DIAGNOSIS

Introduction: TMJ, along with ribs and the upper extremity will tie together how each affects the other and how to look beyond the location of pain for the problem.

9:00-10:00 TOPIC: EXAM PROCEDURES/DIAGNOSIS

Temporal-Mandibular Joint: Cardinal R.O. M. with muscle tests, 12 major signs and symptoms of T.M.J.

10:00-11:00 TOPIC: ADJUSTIVE TECHNIQUE (HEARON)

Instructor Demonstration: Biomechanics of Bilaminar Disc / Meniscus, T.M.J. Superior-Lateral, T.M.J. Anterior.

11:00-12:00 TOPIC: EXAM PROCEDURES/DIAGNOSIS

CD of dental analysis of disc mechanics and surgical procedures used for different T.M.J. pathologies.

12:00-1:00 LUNCH BREAK

1:00-2:00 TOPIC: ADJUSTIVE TECHNIQUE (HEARON)

Adjustive Technique for T.M.J. Subluxations.

2:00-3:00 TOPIC: ADJUSTIVE TECHNIQUE (HEARON)

Exercises and stabilization for T.M.J. dysfunction, Denture protocol

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3:00-4:00 TOPIC: ADJUSTIVE TECHNIQUE (HEARON)

The Seven Phases of Rib Injuries: Costo-Sternal, Chondro-Sternal, and Costal Angle

4:00-5:00 TOPIC: ADJUSTIVE TECHNIQUE (HEARON)

Adjustive Technique for Costo Sternal, Chondro Sternal, Costal Angle

5:00-6:00 TOPIC: ADJUSTIVE TECHNIQUE (HEARON)

Discussion: Costo Transverse, Costo Vertebral, Anterior Rib Heads T 12-4.

DAY TWO:

8:00-9:00 TOPIC: ADJUSTIVE TECHNIQUE (HEARON)

Adjustive Technique for Costo Transverse, Costo Vertebral, and Anterior Rib Heads T 12-4.

9:00-10:00 TOPIC: ADJUSTIVE TECHNIQUE (HEARON)

Discussion: Anterior Rib Heads T 3-1, anterior serratus function in relation to rib heads and anterior dorsal vertebrae.

10:00-11:00 TOPIC: ADJUSTIVE TECHNIQUE (HEARON)

Adjustive Technique of Anterior Rib Heads T 3-1, and Anterior serratus function in relation to rib heads and anterior dorsal vertebrae.

11:00-12:00 TOPIC: ADJUSTIVE TECHNIQUE (HEARON)

Discussion: Shoulder Girdle, Sternoclavicular Separation, Separation

12:00-1:00 TOPIC: ADJUSTIVE TECHNIQUE (HEARON)

Adjustive Technique of the Shoulder Girdle, Sternoclavicular Separation, Acromioclavicular Separation.

1:00-2:00 TOPIC: ADJUSTIVE TECHNIQUE (HEARON)

Review of course and specific issues cleared up.