



Lower Extremity Seminar

Friday 25th - Sunday 27th October 2019

Holiday Inn Oxford, Peartree Roundabout, Woodstock Road, Oxford OX2 8JD, UK

This hands-on International Federation of Chiropractic Sport (FICS) seminar, brought to you by the Royal College of Chiropractors' Sports Faculty (RCCSF), can be undertaken as a stand-alone CPD event by any chiropractor or final year chiropractic student who is serious about becoming a great sports practitioner and getting the best results for their patients.

This seminar meets one of the 'hands-on seminar' requirements of the FICS International Chiropractic Sports Certificate (ICSC, formerly ICCSP), the minimum standard for those wishing to develop the competencies required in sports chiropractic to serve at official FICS international events. To learn more about the ICSC, please visit: www.fics-sport.org

The 2½ day programme for this seminar incorporates FICS' renewed curriculum and includes a range of lectures with a sports chiropractic focus, although relevant information for general chiropractic practice is included.

TRAINERS

Dr Ulrik Sandstrom FRCC (Sport)

Ulrik graduated from the Anglo-European College of Chiropractic in 1991 and started working at the Sheffield Chiropractic Clinic before setting up the Oaklands Clinic in Mansfield in 1997. He has special interest in sports chiropractic and provides chiropractic treatment to athletes at the highest level. He was chosen to work at the 2012 Olympic Games in London and the 2016 Rio games as part of the team delivering treatment inside the Athletes Village. He is on his 9th season as Team Chiropractor to Leicester Tigers Rugby Team and has delivered chiropractic consultancy to England Rugby, GB Basketball, Chelsea FC, Sheffield Wednesday, Sheffield United, Derby County and a host of other teams and individuals. Another passion is lecturing and sharing his knowledge and experience with fellow chiropractors and chiropractic students. Above all, his main focus is delivering excellent chiropractic care to all who walk through his door and to develop his clinics into leading centres for the very best that chiropractic has to offer. Ulrik is registered with the General Chiropractic Council and is a Fellow of The Royal College of Chiropractors, the European Academy of Chiropractic and the British Chiropractic Association.

Noah Emanuel

Noah is a Sports Chiropractic Fellow of Northwestern Health Sciences University. As an undergraduate, he developed a deep passion for sports performance and is developing this interest as a Fellow, undertaking nutrition research and implementing sports chiropractic, sports nutrition and sports performance with sports teams and patients in an integrative setting.

Thomas Jeppesen FRCC (Sport)

Thomas graduated from the AECC, UK in 1997 and is a Fellow of the Royal College of Chiropractors Sports Faculty. He currently practises in Leicester and Mansfield, UK. He has been team chiropractor to the Leicester Riders Basketball team since 2003. He worked at the Winter Olympics in 2006, the Olympics & Paralympics in 2008 and 2012, and The World Games in 2005, 2009, 2013 and 2017. Furthermore, Thomas has been involved with Ju-Jitsu at International level.

John Williamson FRCC (Sport)

John graduated from the WIOC, UK in 2005 and is a Fellow of the Royal College of Chiropractors Sports Faculty. Having always been an athlete representing Wales in track and field at school-boy level and playing rugby to elite standard, John quickly took an interest in sports chiropractic. John has worked in many different sports nationally and internationally, notably working at many World and European masters athletic championships from 2006, Britain's and Europe's strongest man competitions and pitch-side work with national league rugby and football.

Programme & Registration Details

Programme Outline:

- Concept of the sports chiropractor
- Head injury in sport—an update
- Soft tissue therapy procedures
- Adaptive and functional taping and bracing
- Motion palpation and manipulation

Friday:

- 10.00 - 10.30 Registration/ Tea & Coffee
- 10.30 - 13.00 Lectures
- 13.00 - 14.00 Lunch
- 14.00 - 17.30 Lectures
- Evening Dinner

Saturday:

- 08.00—08.30 Registration/ Tea & Coffee
- 08.30—13.00 Lectures
- 13.00—14.00 Lunch
- 14.00—17.30 Lectures
- Evening Dinner

Sunday:

- 08.00 - 08.30 Morning Coffee
- 08.30 - 13.00 Lectures

Registration fee: £695

Special rates:

- RCCSEF or FICS member: £599
- RCCSEF or FICS member with ICCSP: £525
- Final year student / 1st year graduate: £450 (limited availability)

The fee includes lunch and dinner on Friday and Saturday, and refreshments throughout the event.

Please bring a portable bench for the practical sessions if travelling by car.

Suggested Accommodation (self book):

[Travelodge Oxford Peartree Hotel](http://www.travelodge.co.uk/hotels/60/Oxford-Peartree-hotel)

www.travelodge.co.uk/hotels/60/Oxford-Peartree-hotel

[Holiday Inn Oxford Peartree](https://www.ihg.com/holidayinn/hotels/gb/en/)

<https://www.ihg.com/holidayinn/hotels/gb/en/>

How to register

For enquiries and to register and pay by card / bank transfer, please telephone
+44 (0)118 946 9727 or email: admin@rcc-uk.org

Cancellations: Fees will be refunded, less a £50 administration charge, for all cancellations received at least 10 days before the event (15th October 2019). Strictly no refunds after this date.

Registration Form - Lower Extremity Module, 25/10—27/10/2019

Name:

Address:

Email:.....

Phone No:.....

Graduating Chiropractic College:.....