

Pain Faculty CPD Event



COMMUNICATING WITH PATIENTS IN PAIN

**SATURDAY 29TH JUNE 2019
HOLIDAY INN, GATWICK , RH6 0BA**

EVENT OUTLINE

How clinicians interact with their patients has been shown to have a significant impact on their symptoms. However, despite the wealth of evidence demonstrating the importance of the doctor-patient relationship, translating these results into practical advice for clinicians remains a barrier. This seminar organised by the RCC's Pain Faculty will focus on practical advice for professionals to help improve their care and patient outcomes through their interactions with patients. This seminar is highly interactive—attendees will spend an hour with each of the facilitators, predominantly in small workshop groups. Attendees will rotate through these groups during the day to ensure they cover all topics.

LEARNING OUTCOMES

- A summary of the latest findings and theories surrounding the influence of communication on pain
- Coaching skills for clinicians, and helping them to communicate their pain.
- Building rapport through the new patient consultation—both the history taking and physical examination
- Explaining Symptoms, diagnoses and plans of care to patients
- How to use patient education as a therapeutic modality in treating patients
- A panel Q& A will follow

SPEAKERS:

Chris Chippendale MRCC, LRCC (Pain)

Please see over for biographies

Mark Jessop MRCC (Pain)

Mark Thomas MRCC (Pain)

Please bring a portable bench with you if able

Matthew Barks FRCC (Pain)

Philippa Oakley MRCC, LRCC (Pain)

Convenor: Chris Chippendale MRCC, LRCC (Pain)

PROGRAMME

**09.30 - Registration
10.00 - Seminar begins
16.30 - Close
Lunch is included**

REGISTRATION FEES

**RCCPF Members: £119
RCC Members: £129
Non-Members: £199**

Online registration and payment are available at www.bit.ly/RCCevents

To register and pay via card/ bank transfer please contact the RCC directly on **0118-9469727** or at: admin@rcc-uk.org.

Cancellations: Fees will be refunded, less a £10 administration charge, for all cancellations received at least 10 days before the event.

No refunds can be given after this date.

****Please do not attend this event unless you have received confirmation of a place and joining instructions****

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SPEAKERS:

Chris Chippendale MRCC, LRCC (Pain)

A second generation chiropractor, Chris has worked in clinics since his teens. After graduating from WIOC in 2011, he went on to earn a PGCert in Advanced Professional Practice from AECC, with a particular focus on issues surrounding patient communication. He oversees a team of 8 chiropractors in Kent and provides training for chiropractors through which he provides private workshops and seminars to chiropractors and other health professional on effective communication, evidence-based care, and patient-centred clinical strategies.

Mark Jessop MRCC (Pain)

Mark graduated as a Chiropractor from WIOC in 2009 and prior to this completed a Sports Science degree at Loughborough University. He has undertaken a variety of post graduate training including a PG (Cert) in clinical development and a masters module in evidence based practice. He is a member of the RCC's Pain Faculty and has a particular interest in pain science, specifically the therapeutic neuroscience of pain education. He enjoys seeing the benefits this can have in a clinical setting as an aid to the management and treatment of patients with persistent pain.

Mark Thomas MRCC (Pain)

Mark is a senior lecturer for the new chiropractic programme at London South Bank University (LSBU). He qualified in 2009 and worked for several years in private practice. He has worked as a rehabilitation consultant for a private medical insurance company setting up an advanced level practitioner triage service. Prior to his current role at LSBU, he ran a multidisciplinary physical therapy department within a private hospital.

Mark is the only chiropractor in the UK to be credentialed in Mechanical Diagnosis and Therapy (McKenzie Method) and has been teaching the McKenzie Method nationally over the last few years. In addition, Mark is a member of the RCC's Pain Faculty and a test of competence assessor for the GCC.

Matthew Barks FRCC (Pain)

Matthew Barks graduated from the Welsh Institute of Chiropractic in 2012 and has practised in Elgin, North-East Scotland since 2013. He has recently completed a Master's Degree in Pain Management at Cardiff University.

Matthew is a member of the RCC's Pain Faculty and a member of the RCC Council. His core focus is the promotion of patient self-management, especially those with chronic MSK conditions.

Philippa Oakley MRCC, LRCC (Pain)

Philippa graduated from WIOC in 2012 and was awarded the RCC's prize for best research project for her work into how the thoughts and feelings we have about back pain can affect our response to care. After this, Philippa completed a Postgraduate Certificate of Professional Development in Chiropractic and received the RCC Graham Heale Award for "Outstanding PRT candidate". Philippa established Acorn Health, a chiropractic and multidisciplinary healthcare clinic in Hampshire in 2014. Her interest in helping patients with persistent pain led her to qualify as a Certified Personal Performance Coach in 2016 and established Oakley Coaching alongside her wife Rhiannon. She utilises these coaching skills to educate and empower patients and healthcare professionals, facilitating better communication between them.