



CPD TRAINING RECORD & FEEDBACK FORM

TITLE OF ACTIVITY

The human footprint and its application to the assessment and restoration of foot structure and function

CATEGORY OF ACTIVITY

Practical workshop
(gaining and learning from experience)

PARTICIPANTS WILL LEARN

- How to assess clients/patients foot type, arch type, hallux angle and plantar pressures using the 'Foot Map'
- How to provide biomechanical counselling and prescribe exercises to restore foot function based on the 'Foot Map' system
- How to educate clients/patients re: the influence of footwear on foot function and provide functional footwear advice

COURSE CONTENT AND STRUCTURE

Two day workshop introducing the art and science of 'pedography' combining both theory, practical application and case studies

WHO SHOULD ATTEND

Physiotherapists, Osteopaths, Sports Therapists, Personal Trainers

CPD HOURS AWARDED

14 hours

PRESENTED BY

Lee Saxby

ATTENDED BY:

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REASONS FOR ATTENDING:

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KEY POINTS FROM THE COURSE RELEVANT TO ME:

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HOW THIS BENEFITS MY PRACTICE:

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DATE ATTENDED:

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