

DRY NEEDLING

7-9 SEPTEMBER 2018, CHIROHOUSE BERLIN

COURSE



CONTENTS

DN is the use of solid filament needles inserted through the skin and into the muscle to release painful myofascial trigger points. Dry needling results in the deepest tissue release allowing for improvements in movement and pain.

COURSE OBJECTIVES

Upon completion of the three-day introductory course, participants will ...

- understand the basic scientific backgrounds of the myofascial pain syndrome and of trigger points
- be able to identify the Top 30 muscles by surface anatomy, palpation and function. They will also understand their clinical symptoms and perpetuating factors
- be able to identify the features of trigger points by physical examination and apply this knowledge to the top 30 muscles
- understand the specific indications and contraindications of Dry Needling
- have the ability to apply the safety rules for Dry Needling
- be able to perform Dry Needling of the top 30 muscles
- understand the possible side effects and complications of Dry Needling and will be able to react appropriately



INSTRUCTOR

Dr. Johnson McEvoy is an instructor with the David G. Simons Academy™ and has taught dry needling in Ireland since 2006. He works as head physiotherapist with Irish Amateur Boxing since 2003 and was an accredited Olympic Physiotherapist in Athens in 2004.

PARTICIPANTS

The course is designed for MDs, PTs, DCs, DOs and HPs. Seminar limited to 22 participants.

DATE

7-8-9 September 2018, 8:30 – 17:30, 22.5 hours

LOCATION

ChiroHouse, Holzmarktstr. 25, 10243 Berlin, 4th floor



PRICES

Early Bird (before the 15th of August): 650€

Regular Price (15th August until 2 September): 700€

Last Minute (after 3rd of September): Please contact us directly at booking@chirohouse.com

REGISTRATION PROCESS

1. Access the registration form by [CLICKING HERE](#).
2. Click the sign up button.
3. Fill the form with your information.
4. You will receive a pre-confirmation with the bank account to make the deposit.
5. Transfer the Seminar Fee.
6. Wait for our final confirmation.
7. Print the confirmation or bring a document to identify yourself.

Further information will be provided during the registration process.

MORE INFORMATION

For more information or in case of problem during the registration process, please contact us at: booking@chirohouse.com