

5TH EASTERN MEDITERRANEAN AND MIDDLE EAST CHIROPRACTIC FEDERATION'S CONGRESS



Sun Hall Hotel, Larnaca, Cyprus

7-8 September 2018

Sponsored by



Hosted by

The Cyprus Chiropractors' Association



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www.emmechirofed.org

A 2-day hands on seminar on “**Chiropractic Management in Sports**” will be presented by Dr. Brian Nook and 2 additional presentations by Dr. Richard Brown and Dr Amy Bowzaylo. See bios of presenters and timetable of seminar and presentations below:



Brian C Nook DC, CCSP, ICSSD
Associate Dean of Academic Affairs
Palmer College of Chiropractic – West
San Jose, Ca 95134

Associate Dean of Academic Affairs at Palmer College of Chiropractic West in San Jose, California and the Past Dean/Head of College at the Australian College of Physical Education at Sydney Olympic Park. I was the School Dean for Chiropractic and Sports Sciences at Murdoch University for 6 years and Associate Professor at Murdoch University for 10 years. I graduated from Northwestern College of Chiropractic (MN, USA) in 1983 and practiced in Schaller and Holstein Iowa for 13 years. I was a Senior Lecturer at Technikon Natal Department of Chiropractic in Durban, South Africa for 3 years.

I am a Diplomat in Sports Chiropractic and have been team physicians at many local, national, and international sporting events. I served as a team chiropractor at 4 Olympic Games (Barcelona, Atlanta, Sydney and Salt Lake City, 3 All African Games and 4 World Games. I serve on the Board for the Federation International de Chiropractic du Sports (FICS) and have been involved with FICS for over 30 years.



Richard Brown DC, LL.M, FRCC, FBCA, FEAC, FAECC

Richard Brown is the Secretary-General of the World Federation of Chiropractic (WFC). Based in Toronto, Canada, Richard took up his new post on 1 July 2015. The WFC, an NGO in official relations with WHO, has over 90 members in 7 world regions and is principally concerned with the support, empowerment, promotion and unity of the chiropractic profession internationally.

Richard, 50, is a 1990 graduate of AECC University College, Bournemouth, UK. He was in private practice for 25 years before relocating from his native United Kingdom to Toronto, Canada.

Richard is a past president of the British Chiropractic Association (2009-2013) and had a number of roles with the European Chiropractors' Union, including its first Secretary-General between 2009 and 2015. He has been awarded Fellowships from the Royal College of Chiropractors, European Academy of Chiropractic, British Chiropractic Association and AECC University College.

As owner and clinic director of a large interdisciplinary clinic in Stroud, Gloucestershire, Richard has first-hand experience of working collaboratively with other health professions, including general medical practitioners, surgeons, physiotherapists, exercise professionals and podiatrists. As a chiropractor, his main area of work was in spinal disorders, specifically the diagnosis, management and care of back and neck pain.

In his clinical practice, Richard worked extensively in professional sport, including the English Premier League (football), elite athletics and Moto-GP motor sport. He remains a member of the

Fédération Internationale de Chiropratique du Sport (FICS) and served as a member of the medical team in the Polyclinic at the London 2012 Olympic Games.

In 2015, Richard spent time working with under-served communities in Botswana as part of World Spine Care, a not-for-profit organization committed to sustainable, evidence-based spine care. He is the founder and immediate past Chair of Trustees of the Chiropractic Research Council, a UK-based charity dedicated to increasing research capacity to support patients and the public in accessing quality spine care. He has educational experience as a senior lecturer at the University of Glamorgan (now the University of South Wales) and served on the Academic Board and Board of Governors at AECC. He served for a number of years as an examiner for the UK regulator's Test of Competence and is on the advisory board of the International Board of Chiropractic Examiners. He has lectured extensively in the UK and internationally on professional standards and the status of the chiropractic profession.

With a Masters Degree in Law (LL.M) from Cardiff University, Richard has for many years worked as an expert witness in both the UK and Ireland and retains a medicolegal consultancy. Covering areas of clinical negligence, fitness to practice and statutory regulation, Richard has also been involved in drafting codes of ethics and standards of proficiency both in Europe, Africa and Asia.



Amy Bowzaylo DC

Clinical Director and CEO

Dr. Amy J. Bowzaylo was born and raised in Athabasca, Alberta, Canada. She was a very active kid and was a competitive gymnast and Ukrainian dancer throughout her youth. At age 12 she landed on her head doing a double twisting double back flip. Thankfully nothing was broken but she suffered intense pain in the neck and both arms for 5 days before her Mum took her to the Chiropractor. In the first treatment the

arm pain was gone and what remained was a severe sprain/ strain of the neck. Chiropractic helped Dr. Amy recover and return to competitive sports. From that time she decided that Chiropractic was the career for her. She has extensive experience in the sports arena with rugby, football, gymnastics, marathons, triathlons, golf and a special interest in women's health and helping women through pregnancy. She spent seven years working in Multidisciplinary clinics in San Francisco and San Jose, then Australia for a year then Saudi Arabia for 10 years; 7 of which she spent as the Director of Physical Medicine and Rehabilitation at the Triple accredited (JCI, ACI, ACHSI) Saad Specialist Hospital before deciding to move to Bahrain and venture out on her own. A large percentage of her patient base in Saudi Arabia came from Bahrain and she saw a need to provide Chiropractic to Bahrain.

Dr. Amy graduated from Palmer College of Chiropractic West where she received her Doctorate of Chiropractic and served as the President of the Sports Council for a term. She is a widow with two daughters who has found love again and married Michael Cunningham on March 28, 2013. They currently call Bahrain home.

Whilst in Bahrain she has established the clinic as the Premier Sports Medicine Integrated Sports Medicine Clinic in Bahrain. Dr. Amy is the Medical Director of the Bahrain Rugby Football Club, Director of Performance Improvement for Ducati Bahrain Super Bikes, Head of Performance Improvement and Rehabilitation for Lift Bahrain Boxing Club. She is also heavily involved in other sports such as Triathlon, Calisthenics, Road Racing, and Gaelic football.

Proceedings Timetable

Thursday 7/9/2018		CPD 12,5 hrs
8:00-8:45	Registration	
8:45-9:00	Introductions	
9:00-10:30	The Organization and Opportunities for Chiropractic in the World of Sport Brian Nook	1,5
10:30-11:00	Coffee Break	
11:00-13:00	Knee Adjustments and soft tissue Brian Nook	2
13:00-14:30	Lunch	
14:30-16:30	Low Back & Hip Adjustments and soft tissue Brian Nook	2
16:30-17:00	Coffee break	
17:00-18:00	The Ageing Adult: Considerations in Chiropractic Management Richard Brown	1
18:00-19:00	EMME Meeting	
Friday 8/9/2108		
9:00-10:30	Ankle and Foot Adjustments and Soft tissue Brian Nook	1,5
10:30-11:00	Coffee Break	
11:00-13:00	Shoulder Adjustments and soft tissue Brian Nook	2
13:00-14:30	Lunch	
14:30-16:30	Kinesiotaping for Posture Correction Amy Bowzaylo	2
16:30-17:00	Coffee Break	
17:00-18:30	Considerations for the degenerative knee in an "older" athlete: personal experience and latest treatment methods Brian Nook	1,5