

# Academic & Social Program

## Continuing Education Convention

06<sup>th</sup> - 08<sup>th</sup> September 2018

Olma Messen, St. Jakobstrasse 94, St. Gallen

### NUTRITION & HORMONES

How they affect our patients and us



Schweizerische Chiropraktoren Gesellschaft  
Association suisse des chiropracticiens  
Associazione svizzera dei chiropratici

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**Program Thursday, 6<sup>th</sup> September 2018**

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09.00–10.00 University Update

10.00–10.45 Academy Update

11.00–12.30 Workshop for principals and other interested members - Limbic communication  
Jürgen Wieser, DI

**11.00–14.15 Presentation of the exhibitors' products - separate program**

**12.30–14.15 Lunch**

14.15–15.00 Political Forum

15.15–17.00 Extraordinary General Assembly

**17.00 END**

**Regional Night**

**Program Friday, 7<sup>th</sup> September 2018**

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- 08.30–08.45 Opening Address  
Dr. Stefan Rauber, DC
- 08.45–09.00 Greetings  
Priska Haueter, President ChiroSuisse  
Gallus Hufenus, President of the St. Gallen Parliament
- 09.00–10.00 Caring for patients in Menopause and Manopause  
Dr. Lisa Killinger, DC

**10.00–10.30 Break – Exhibition**

- 10.30–11.30 Supplementation of Vitamin D and Omega 3  
Dr. Gert Printzen, MD
- 11.30–12.30 Micronutrient Supplementation in Athletes  
Beate Kehrli, Pharmacist

**12.30–13.30 Lunch – Exhibition****Concurrent Workshops ongoing: Choose your options**

- 13.30–15.00 Caring for patients in Menopause and Manopause  
Dr. Lisa Killinger, DC
- Supplementation of Vitamin D and Omega 3  
Dr. Gert Printzen, MD
- Supplements in Sports and more  
Beate Kehrli, Pharmacist
- Kinesiology Taping of Spine and Extremity in Special Patient Groups  
Torge-Nils Eistrup, Physiotherapist/K-Active-Instructor

**15.00–15.30 Break – Exhibition**

- 15.30–17.00 Caring for patients in Menopause and Manopause  
Dr. Lisa Killinger, DC
- Supplementation of Vitamin D and Omega 3  
Dr. Gert Printzen, MD
- Supplements in Sports and more  
Beate Kehrli, Pharmacist
- Kinesiology Taping of Spine and Extremity in Special Patient Groups  
Torge-Nils Eistrup, Physiotherapist/K-Active-Instructor

**17.00 END****ChiroSuisse Dinner**

**Program Saturday, 8<sup>th</sup> September 2018**

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09.00–10.00 Geriatric Patients and Chiropractic  
Dr. Lisa Killinger, DC

10.00–10.30 **Break – Exhibition**

10.30–11.30 Plant-Based Medicine  
Dr. Bobby Price, PharmD

11.30–12.30 Osteoporosis: Prevention, Management and Care Guidelines  
Dr. Andreas Rohrer, MD

12.30–13.30 **Lunch – Exhibition**

**Concurrent Workshops ongoing: Choose your options**

13.30–15.00 Geriatric Patients in the Chiropractic Office  
Dr. Lisa Killinger, DC

Plant-Based Medicine  
Dr. Bobby Price, PharmD

Arbeitsrecht in der Praxis  
Dr. iur. Christian Peter

15.00–15.30 **Break – Exhibition**

15.30–17.00 Geriatric Patients in the Chiropractic Office  
Dr. Lisa Killinger, DC

Plant-Based Medicine  
Dr. Bobby Price, PharmD

Le droit du travail dans la vie professionnelle  
Dr. iur. Christian Peter

**17.00            END**

During break-time, assistant chiropractors and Post Doc Master students will be available for your questions when they present their recent work on posters. Feel free to ask questions and get involved with new insights and topics from colleagues! A big thank you and congratulations to all presenting students, assistants and chiropractors.

## Social Program

The organizing committee has set up a social program to complement the academic agenda and offer delegates and accompanying persons the opportunity to socialize, meet new and old friends and get to know St. Gallen yet a little better. Saturday evening is a great bonus – check it out!

**Thursday,  
6<sup>th</sup> September 2018**

### **Regional Evening (chiropractors, assistants and students)**

Right after the GA we'll meet outside the Olma to start our Foxtrail adventure, which will end by the Candela.

**Dress is informal.**

Our local evening will show you how much the city of a thousand stairs and capital of embroidery has to offer by solving one of its Foxtrails: "In order to avoid losing track of the fox, the teams have to break codes and find hidden messages en route. But beware - it can be quite challenging. The clues are tricky and can only be solved through intelligence and team spirit."

Afterwards we'll reward ourselves with dinner in the Restaurant Candela.

**Note: make sure to sign up for all of the events you want to participate in (Foxtrail and/or Dinner)**



**Friday,  
7<sup>th</sup> September 2018**

### **ChiroSuisse Dinner**

Evening for ChiroSuisse family and friends.

19.00 Apéro and 20.00 Dinner

Dress is semi-formal.

Friday evening we'll meet in the Einstein Congress Center. This year ChiroSuisse is generously inviting all Swiss Chiropractic Students to the ChiroSuisse Dinner. We hope all of them take the opportunity to get to know the "old" chiropractors from all over Switzerland in a relaxing atmosphere. We'll enjoy a delicious dinner and great music. Put on some semi-formal clothes, bring your spouse and socialize with your peers, your future peers as well as ChiroSuisse guests.



**Saturday,  
8<sup>th</sup> September 2018**

### **Museumsnacht / Night of the Museums**

<https://museumsnachtsg.ch>

18.00-01.00

Coincidentally the yearly "Night of the Museums" will take place on our final day. Take the opportunity to explore the great museums and galleries of St. Gallen at night, dance in the church of St. Laurenzen, eat delicious snacks, listen to amazing music...! What a perfect reason to extend your stay after the convention!

## Program changes

The organizers reserve the right to adjust or change the program as necessary without prior notice.