



Severn Faculty and Sport and Exercise Faculty CPD Event

No Limits – Cerebral palsy and sport

Date: Wednesday 1st November 2017

Venue: Holiday Inn Taunton, Junction 25 M5, Deane Gate
Avenue, Taunton, Somerset, TA1 2UA

Event Outline:

- What is cerebral palsy?
- Self-belief and self-motivation
- Why disabled strongman?
- How to approach athletes with disabilities - treatment and injury prevention

Speaker: Gary Clarke

Gary Clarke is the UK's first disabled strongman and is a pioneer of the sport in this country, having organised the first Britain's Disabled Strongman Competition. He first became involved in strongman sport in 2011, taking part in charity truck-pull events before competing in the World's Strongest Disabled Man in Reykjavik, Iceland, where event founder Arnar Mar Jonsson inspired him to set up a national event in the UK – the first of which took place in August 2015 in Stoke-on-Trent. Gary, who was born with cerebral palsy, also has a degree in sports coaching from Yeovil College and helps to train new competitors coming into the strongman scene. He continues to work to raise the profile of disabled strongman sport in the UK and around the world.

Learning outcomes include:

- An understanding of cerebral palsy and access to sports like strongman for disabled athletes
- An awareness of disabled strongman sport and its future in the UK
- An understanding of the approach to treatment for disabled athletes and injury prevention

Programme:

18.30 - Registration
19.00 – Seminar begins
21.00 - Close

Registration fee:
RCC Members £35
Non-Members £50

Online registration and payment are available at www.bit.ly/RCCevents

To register and pay via card/ bank transfer please contact the RCC directly:

Tel: 0118-9469727

Email: admin@rcc-uk.org

Alternatively, please send registration forms to our address below, with cheques made payable to, The Royal College of Chiropractors

Cancellations: Fees will be refunded, less a £10 administration charge, for all cancellations received at least 10 days before the event. No refunds can be given after this date.

Convenor:
Joanne Oaten MRCC

****Please do not attend this event unless you have received confirmation of a place and joining instructions****

Registration Form: Disabled strongman – 1/11/17

Name: _____
Address: _____

Postcode: _____
Email: _____
Phone no: _____

Registration fees:

I enclose a cheque for £.....

Please send your completed registration form to:

The Royal College of Chiropractors, Chiltern
Chambers, St Peters Avenue, Reading RG4 7DH