



Yorkshire Faculty CPD Event

The Gait Cycle – Associating Injury with Function

Date: Wednesday 13th September

Venue: Holiday Inn Leeds Wakefield, Queens Drive, Ossett, Wakefield, WF5 9BE

Event Outline:

Many of our patients' musculoskeletal injuries are related to the gait cycle. Knowing the timing of muscle action during gait can greatly enhance the understanding of common MSK problems. This seminar will look at the walking gait cycle and how muscles respond to joint moments created by ground reaction forces. The importance of the foot as a sagittal plane facilitator, and its effects on the kinetic chain, will be discussed with examples of how improving this can influence the trunk as well as the leg

Speakers: Lee Short and Bob Longworth from 'Podiatry Clinics (Yorkshire) Ltd' have over 50 years of Podiatry experience between them. They specialise in MSK Podiatry working extensively with rehab techniques as well as more traditional Podiatry tools such as insoles

Lee Short worked for the NHS for 20 years and has worked for the M.O.D rehabilitation unit at Catterick. He continues to provide specialist services to injured military recruits.

Bob Longworth worked for the NHS for 30 years and was clinical lead for the Foot and Ankle Pathway at the Leeds Community Healthcare NHS Trust before leaving last year. He has undertaken post-graduate modules in Rheumatology and Pharmacology and has lectured at national and international conferences. In 2015 he won an NHS achievement award for 'Excellence in Education and Research'.

Learning outcomes include:

- Understanding phasic muscle action in relation to the gait cycle and how this influences treatment.
- Understanding the influence of the foot on the kinetic chain
- A better understanding of running rehabilitation

Programme:

18.30 - Registration
19.00 – Seminar begins
21.00 - Close

Registration fee:
RCC Members £30
Non-Members £45

Online registration and payment are available at www.bit.ly/RCCevents

To register and pay via card/ bank transfer please contact the RCC directly:

Tel: 0118-9469727

Email: admin@rcc-uk.org

Alternatively, please send registration forms to our address below, with cheques made payable to, The Royal College of Chiropractors

Cancellations: Fees will be refunded, less a £10 administration charge, for all cancellations received at least 10 days before the event. No refunds can be given after this date.

Convenor:

Yassi Ashley LRCC

****Please do not attend this event unless you have received confirmation of a place and joining instructions****

Registration Form: The Gait Cycle – 13/09/17

Name: _____
Address: _____

Postcode: _____
Email: _____
Phone no: _____

Ref: YOR170913

Registration fees:

I enclose a cheque for £.....

Please send your completed registration form to:

The Royal College of Chiropractors, Chiltern
Chambers, St Peters Avenue, Reading RG4 7DH