



North West Thames Faculty CPD Event

A Practical Guide to Recommending Nutritional Support in Clinic

Date: Wednesday 26th July 2017

Venue: Kings House Business Centre, Home Park Estate,
Station Road, Kings Langley, Watford, WD4 8LZ

Event outline:

As a chiropractor seeing a number of patients with different health issues, it can be overwhelming deciding the best nutritional recommendations to make. This seminar will provide you with a guide to key nutritional strategies that you are likely to find most useful in your practice. Health areas that will be covered include digestion, joint support, inflammation and immune health. Backed up by independent research, the speakers will make it clear when it is best to advise particular nutrients such as vitamin D, curcumin, fish oils and probiotics.

Speakers: Nicola McCusker BSc DipCNM mBANT has worked as a Publisher of Health Sciences research. After practicing as a Nutritional Therapist she subsequently joined the Nutrition and Education team at Solgar and now runs the Solgar healthcare professional programme which includes workshops, webinars and seminars.

Emma Finn BSc. Hons KF.Assoc CPNI Dip has a successful practice in clinical psychoneuroimmunology and 15 years' experience of training healthcare practitioners on nutritional protocols.

Learning Outcomes include:

- An awareness of ways to recommend relevant nutritional advice to your patients for common complaints.
- Knowledge of how new generation nutrients can support the joints of patients who have an active lifestyle as well as those suffering from osteoarthritis and rheumatoid arthritis.
- An understanding of how inflammation manifests and how it can be managed.

Programme:

18.30 - Registration
19.00 - Seminar
21.00 - Close

Registration fee: RCC members
£30, non-members £45

Online registration and payment
are available at
www.bit.ly/RCCevents

To register and pay via card/ bank
transfer please telephone 0118-
9469727 or email:
admin@rcc-uk.org

Please send registration forms to
our address (see below) with
cheques made payable to, The
Royal College of Chiropractors

Cancellations: Fees will be
refunded, less a £10 administration
charge, for all cancellations
received at least 10 days before
the event. No refunds can be
given after this date.

Convenor:
Rachel Lock FRCC, MRCC (Ortho)

****Please do not attend this event
unless you have received
confirmation of a place and joining
instructions from the RCC Events
Officer****

Registration Form: Nutritional Support 26/7/17

Name: _____
Address: _____
Postcode: _____
Email: _____
Phone no: _____
Ref: NWT170726

Registration fees:

I enclose a cheque for £.....

Please send your completed registration form to:

The Royal College of Chiropractors, Chiltern
Chambers, St Peters Avenue, Reading RG4 7DH