



## Neuro Orthopaedic Institute

For more information  
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### **Mobilisation of the Nervous System**

**11-12 November 2017**

**Presented by: Tim Beames MSc. BSc MCSP, UK**

This popular lecture and practical course developed by David Butler and the Neuro Orthopaedic Institute provides a comprehensive introduction to the diagnosis and management of the physical dysfunction of the nervous system.

AECC GA/TAM/ECU/RCC

**Early Bird**

£295

**After 16/10/17**

£369

Early bird discount for bookings received on or before 16 October 2017



Using cutting edge pain sciences to provide a clinically relevant understanding of the physical health issues of the entire nervous system. This course considers the molecular and homuncular targets of therapy, integrating this knowledge using a clinical reasoning framework and advanced manual assessment and management options. Skilled reasoning is evidence based medicine at its best.

Neurodynamics is a new science. This course offers a fresh understanding and management strategies for common syndromes such as plantar fasciitis, tennis elbow, nerve root disorders, carpal tunnel syndromes and spinal pain. Innovative management tools involve conservative decompression of nerves, various neural mobilising techniques and the new patient education techniques which emerge from neurodynamics and pain sciences.

All NOI courses include patient education as an evidence-based treatment tool, and are supported by quality workbooks, graphics and post course web involvement.

**Lots of practical, lots of interaction, cutting edge neuroscience....and you will have fun learning!**

### COURSE AIMS

- To gain new and updated knowledge of neurodynamics and pathobiology of the nervous system related to manual examination
- To utilize these skills in novel, active, passive and education based management
- To integrate manual handling skills with pain sciences and clinical reasoning practices
- To professionally refresh course participants.
- To gain safe and effective handling skills in the examination and interpretation of physical dysfunction of the nervous system

### COURSE PROGRAMME

Day 1 8.30 – 5.00	Day 2 9.00 – 4.30
Registration 8.30 to 9.00am	
A Neuro Orthopaedic approach	Zings and zaps from nerves
Pain update	Central pain mechanisms
Palpation of nerves (P)	Upper Limb Neurodynamic tests (P)
Neurodynamics Straight Leg Raise and derivatives P	Immune, endocrine, motor, autonomic response systems
Slump Test and derivatives (P)	Analysis of tests
Femoral Nerve Test and derivatives (P)	Precautions and contraindications 'Jazzy' technique session (P)
Issues in the tissues	Management guidelines via patient examples
<i>P = Practical</i>	<i>*Program may be subject to slight changes</i>

### INSTRUCTOR Tim Beames MSc. BSc MCSP, UK

Tim lives in London where he works in private practice and is co-founder of Pain and Performance, an organisation which focuses on the treatment of complex and persistent pain states and the provision of pain education for both the patient and health professional. Tim is also the principal instructor for NOI UK and teaches the Mobilisation of the Nervous System, Neurodynamics and the Neuromatrix, Explain Pain and Graded Motor Imagery courses throughout the UK, Europe and Australia. He is also co-author of the Graded Motor Imagery Handbook along with Lorimer Moseley, David Butler and Tom Giles.

**ACCREDITED FOR 14 CPD POINTS BY THE EUROPEAN ACADEMY OF CHIROPRACTIC**

**Registration: Saturday 08:45**

**Saturday 09:00 - 17:00**

**Sunday 09:00 - 16:30**

**Lunch & Refreshments provided**

