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Helping your Patients Age Well: Evaluation & Management 13-14 January 2018

Presented by: Lisa Killinger, DC

Aging and wellness are two of the hottest topics in the healthcare world today. The “silver tsunami” is upon us and in this aging world, chiropractors need specialised training to better assess and care for older patients, with a focus on health promotion and prevention.

	Early Bird	After 11/12/17
AECC GA/TAM/ECU/RCC	£245	£307
Non Members	£270	£338
Students	£120	£150

Early bird discount for bookings received on or before 11 Dec'17



In this interactive weekend, we will examine health concerns related to aging, comprehensive assessment, nutrition, and chiropractic technique and management of older adult patients.

Seminar Goals: The chiropractor/attendee will

- Become familiar with normal age-related changes and evidence-based health promotion and prevention strategies for our aging patients
- Learn and practice several evidence-based assessments for our older adult patients
- Examine and practice chiropractic geriatric adjusting skills with the patient's safety and comfort in mind

Outline of Session:

- Healthy Aging in the UK, and a Role for Chiropractic (1 hr)
- Cases: Unique Clinical Presentations of Older Patients (1 hour)
- Assessing the Older Patient (1 hour)
- Health Promotion and Prevention in Aging
 - Nutrition and Aging (1.5 hrs)
 - Physical Activity and Aging (2 hrs)
 - Strength
 - Flexibility
 - Cardiovascular Fitness
 - Balance
- Introduction to "Geriatric Adjusting" (1.5 hours)
 - Injury Prevention and Chiropractic Care
 - Summary of leading malpractice claims in elder adjusting
- Safe Adjusting Strategies (2 hours)
 - Injury risk and patient comfort in
 - Cervical spine
 - Thoracic spine
 - Lumbo-pelvic region
 - Extremities
- Geriatric-Friendly Practice (20 min)
- Advantages of Aging (10 min)
- Closing Remarks: Chiropractic and Care of Aging Patients (30 hours)

ACCREDITED FOR 11 CPD POINTS BY THE EUROPEAN ACADEMY OF CHIROPRACTIC



Registration: Saturday 08:45

Saturday 09:00 - 17:00

Sunday 09:00 - 13:00

Lunch on Saturday & Sunday & Refreshments provided